

Product Information: Nepro® with CARBSTEADY®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nepro® with CARBSTEADY®

Therapeutic Nutrition for People on Dialysis

- 1 NEPRO WITH CARBSTEADY® is therapeutic nutrition specifically designed to help meet the nutritional needs of patients on dialysis (Stage 5 chronic kidney disease).
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.

- 1 In a study of NEPRO as supplemental nutrition¹, patients on dialysis had increased serum albumin, increased serum prealbumin and improved nutritional status (as signified by subjective global assessment).
- 1 Has CARBSTEADY carbohydrate blend designed to help manage blood glucose response.
- 1 Excellent source of high-quality protein (19.1 g /8 fl oz) to help meet nutritional needs and replace protein lost during dialysis.
- 1 Vitamin and mineral profile designed for people on dialysis.
- 1 High in calories—1.8 Cal/mL.
- 1 Low in phosphorus, potassium, and sodium.
- 1 A good source of fiber, including prebiotics.
- 1 Halal (certain flavors).
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.
- 1 Not for IV use.

¹ Caglar K, et al. *Kidney Int* 2002;62(3):1054-1059.

Ingredients

Liquid Homemade Vanilla:

Water, Corn Syrup Solids, Caseinates (Calcium, Magnesium, Sodium), High Oleic Safflower Oil, Canola Oil, Milk Protein Isolate, Sugar, Corn Maltodextrin, Glycerin, Short-Chain Fructooligosaccharides. Less than 1.0% of: Soy Lecithin, Natural & Artificial Flavor, Calcium Citrate, Sodium Citrate, Potassium Citrate, Choline Chloride, Salt, Cellulose Gel, Ascorbic Acid, L-Carnitine, Taurine, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Cellulose Gum, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Magnesium Phosphate, Pyridoxine Hydrochloride, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
62090	Nepro with Carb Steady Butter Pecan / 8-fl-oz (237-mL) Can / 24 ct
62092	Nepro with Carb Steady Mixed Berry / 8-fl-oz (237-mL) Can / 24 ct
62094	Nepro with Carb Steady Homemade Vanilla / 8-fl-oz (237-mL) Can / 24 ct
62585	Nepro with Carb Steady Homemade Vanilla / 8-fl-oz (237-mL) Bottle / 24 ct
62669	Nepro with Carb Steady Homemade Vanilla / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
63176	Nepro with Carb Steady Homemade Vanilla / 8-fl-oz (237-mL) Bottle / 4 x 4 ct
64796	Nepro with Carb Steady Mixed Berry / 8-fl-oz (237-mL) Carton / 24 ct
64798	Nepro with Carb Steady Butter Pecan / 8-fl-oz (237-mL) Carton / 24 ct
64803	Nepro with Carb Steady Homemade Vanilla / 8-fl-oz (237-mL) Carton / 24 ct

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Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)		1 L	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	19.1		81.0	
Fat, g	22.7		96.0	
Saturated Fat, g	2.0		8.4	
Trans Fat, g	0		0	
Polyunsaturated Fat, g	4.1		17.3	
Monounsaturated Fat, g	16		67.5	
Cholesterol, mg	6.5		27.4	
Carbohydrate, g	37.9		161	
Dietary Fiber, g	3.0		12.6	
Sugars, g	8.4		36	
Glycerine, g	2.6		11	
L-Carnitine, mg	63		265	
Taurine, mg	38		160	
Water, g	172		727	
Calories	425		1800	
Vitamin A, IU	750		3180	
Vitamin D, IU	20		85	
Vitamin E, IU	23		95	
Vitamin K, mcg	20		85	
Vitamin C, mg	25		105	
Folic Acid, mcg	250		1060	
Thiamin (Vitamin B1), mg	0.56		2.4	
Riboflavin (Vitamin B2), mg	0.64		2.7	
Vitamin B6, mg	2.0		8.5	
Vitamin B12, mcg	2.3		9.5	
Niacin, mg	7.5		32	
Choline, mg	150		635	
Biotin, mcg	120		506	
Pantothenic Acid, mg	3.8		16	
Sodium, mg	250		1060	
Potassium, mg	250		1060	
Chloride, mg	200		845	
Calcium, mg	250		1060	
Phosphorus, mg	170		720	
Magnesium, mg	50		210	
Iodine, mcg	38		160	
Manganese, mg	0.50		2.1	
Copper, mg	0.50		2.1	
Zinc, mg	6.4		27	

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Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)		1 L	
	Value	%RDI / %DV	Value	%RDI / %DV
Iron, mg	4.5		19	
Selenium, mcg	18		74	
Chromium, mcg	30		125	
Molybdenum, mcg	19		79	

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, re-close or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.