

Product Information: Osmolite® 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Osmolite® 1.5 Cal

Complete, Balanced Nutrition®

- 1 OSMOLITE 1.5 CAL is a source of Complete, Balanced Nutrition® for tube-fed patients with increased calorie and protein needs, or for those with limited volume tolerance.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 High in calories (1.5 Cal/mL) and protein (62.7 g/L) to help patients gain and maintain healthy weight.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1500 Cal (1 Liter).
- 1 Fat blend contains MCT oil. Patients with malabsorption may benefit from consuming a formula that contains medium-chain triglycerides (MCTs).
- 1 Fortified with ultratrace minerals and conditionally essential nutrients—important ingredients for the tube-fed patient.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Sodium & Calcium Caseinates, High Oleic Safflower Oil, Canola Oil, Soy Protein Isolate, Medium-Chain Triglycerides, Magnesium Chloride, Potassium Citrate, Calcium Phosphate, Sodium Citrate, Soy Lecithin, Choline Chloride, Ascorbic Acid, Taurine, L-Carnitine, Carrageenan, Zinc Sulfate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
57469	Osmolite 1.5 Cal / 8-fl-oz (237-mL) Can / 24 ct
62699	Osmolite 1.5 Cal / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64837	Osmolite 1.5 Cal / 8-fl-oz (237-mL) Carton / 24 ct

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Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	14.9		62.7	
Fat, g	11.6		49.1	
Carbohydrate, g	48.2		203.6	
L-Carnitine, mg	36		150	
Taurine, mg	36		150	
Water, g/mL/cc	181		762	
Calories	355		1500	
Vitamin A, IU	1975*		8320*	
Beta-Carotene, mg	0.81		3.4	
Vitamin D, IU	95		400	
Vitamin E, IU	11		45	
Vitamin K, mcg	19		80	
Vitamin C, mg	57		240	
Folic Acid, mcg	190		800	
Thiamin (Vitamin B1), mg	0.71		3.0	
Riboflavin (Vitamin B2), mg	0.81		3.4	
Vitamin B6, mg	0.95		4.0	
Vitamin B12, mcg	2.9		12	
Niacin, mg	9.5		40	
Choline, mg	145		600	
Biotin, mcg	145		600	
Pantothenic Acid, mg	4.8		20	
Sodium, mg	330		1400	
Sodium, mEq	14.3		60.9	
Potassium, mg	425		1800	
Potassium, mEq	10.9		46	
Chloride, mg	405		1700	
Chloride, mEq	11.4		48.0	
Calcium, mg	240		1000	
Phosphorus, mg	240		1000	
Magnesium, mg	95		400	
Iodine, mcg	36		150	
Manganese, mg	1.2		5.0	
Copper, mg	0.48		2.0	
Zinc, mg	5.5		23	
Iron, mg	4.3		18	
Selenium, mcg	17		70	
Chromium, mcg	29		120	
Molybdenum, mcg	36		150	

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Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

*1075 IU of vitamin A supplied by 0.81 mg of beta-carotene.

Per 1000 mL (1.1 QT)

*4505 IU of vitamin A supplied by 3.4 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours..**

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.