

Product Information: Ensure Plus® Therapeutic Nutrition

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure Plus® Therapeutic Nutrition

Clinical Nutrition to Help Gain or Maintain a Healthy Weight

- 1 ENSURE PLUS provides concentrated calories and protein to help patients gain or maintain healthy weight. ENSURE PLUS can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use.
- 1 For interim sole-source nutrition.
- 1 Use under medical supervision.
- 1 Complete, Balanced Nutrition®.
- 1 High in calories (1.5 Cal/mL) and excellent source of protein (13 g/serving).
- 1 40% more Calories than Ensure Original Therapeutic Nutrition (350 vs 250 Calories per 8 fl oz).
- 1 Has Immune Balance, a unique blend of prebiotic fiber to help promote digestive tract health and antioxidants* to support the immune system.
- 1 Excellent source (650 mg/serving) of plant-based omega-3 fatty acid ALA (40% of 1.6 g DV) to support heart health.
- 1 Good source of 26 essential vitamins and minerals.
- 1 80% of the 1995 DVs for Vitamin D to support bone health.
- 1 Contains 82.5 mg choline per serving, which is 15% of the 1995 daily value for choline (550 mg).
- 1 Good source of fiber (3 g scFOS®†/serving) to help maintain regularity.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* Vitamins C & E, and selenium

† NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Soy Protein Isolate, Short-Chain Fructooligosaccharides, Natural & Artificial Flavor. Less than 0.5% of: Nonfat Milk, Magnesium Phosphate, Sodium Citrate, Soy Lecithin, Potassium Citrate, Cellulose Gel, Calcium Phosphate, Potassium Chloride, Choline Chloride, Ascorbic Acid, Salt, Cellulose Gum, Carrageenan, Potassium Hydroxide, Potassium Hydroxide, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Vitamin A Palmitate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Chromium Chloride, Folic Acid, Sodium Molybdate, Biotin, Sodium Selenate, Potassium Iodide, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

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Availability

List Number	Item
50464	Ensure Plus Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) Can / 24 ct
50466	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Can / 24 ct
50646	Ensure Plus Therapeutic Nutrition Shake Strawberry / 8-fl-oz (237-mL) Can / 24 ct
51894	Ensure Plus Therapeutic Nutrition Shake Butter Pecan / 8-fl-oz (237-mL) Can / 24 ct
58251	Ensure Plus Therapeutic Nutrition Shake Vanilla / 1-QT (946-mL) Bottle / 6 ct
58262	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 1-QT (946-mL) Bottle / 6 ct
58299	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Bottle / 24 ct
58301	Ensure Plus Therapeutic Nutrition Shake Strawberry / 8-fl-oz (237-mL) Bottle / 24 ct
58303	Ensure Plus Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) Bottle / 24 ct
64905	Ensure Plus Therapeutic Nutrition Shake Vanilla / 8-fl-oz (237-mL) Carton / 24 ct
64907	Ensure Plus Therapeutic Nutrition Shake Strawberry / 8-fl-oz (237-mL) Carton / 24 ct
64909	Ensure Plus Therapeutic Nutrition Shake Butter Pecan / 8-fl-oz (237-mL) Carton / 24 ct
64911	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8-fl-oz (237-mL) Carton / 24 ct

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	350	
Calories from Fat	100	
Total Fat, g	11	17
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	4	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	220	9
Potassium, mg	400	11
Total Carbohydrate, g	51	17
Dietary Fiber, g	3	12
Sugars, g	20	
Protein, g	13	26
Vitamin A		25
Vitamin C		60
Calcium		30
Iron		25
Vitamin D		80
Vitamin E		30
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		30
Iodine		25
Magnesium		25
Zinc		25
Selenium		30
Copper		25
Manganese		60
Chromium		25
Molybdenum		60
Chloride		8

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Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use

- 1 Tastes best chilled, or can be served at room temperature.

8-fl-oz container

- 1 Shake well. Serve cold.
- 1 Once opened, reclose, refrigerate and use within 48 hours.

1-QT bottle

- 1 **Do not use if band around cap or inner seal is missing or broken.**
- 1 Shake bottle very well.
- 1 Remove protective band and twist off cap.
- 1 Invert cap and place on foil seal.
- 1 Press cap down to pierce foil, then turn cap a half turn.
- 1 Lift off and throw away foil.
- 1 Pour and enjoy!
- 1 Refrigerate after opening.