

## Product Information: Hi-Cal

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Hi-Cal

## High-calorie oral supplement

- 1 H-CAL is a high-calorie oral supplement fortified with vitamins and minerals. It is ideal for Med-Pass programs.
- 1 For oral use only.
- 1 Use under medical supervision.
- 1 Meets or exceeds 20% of the 1995 RDIs for 24 essential vitamins and minerals in 8 fl oz.
- 1 2 Cal/mL.
- 1 Vanilla flavor, ready to serve.
- 1 1-L plastic bottle is reclosable.
- 1 Cutter cap easily pierces foil seal.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



### Safety Precautions

- 1 Not for tube feeding.
- 1 Not for IV use.
- 1 Not for people with galactosemia.

### Ingredients

#### Liquid Vanilla:

Water, Corn Syrup Solids, Sodium & Calcium Caseinates, Corn Oil, Corn Maltodextrin, Sugar, Potassium Citrate, Magnesium Chloride, Natural & Artificial Flavors, Calcium Phosphate, Soy Lecithin, Sodium Citrate, Ascorbic Acid, Choline Chloride, Potassium Hydroxide, Zinc Sulfate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Vitamin B12.

**Allergens:** Contains milk and soy ingredients.

### Availability

List Number	Item
58253	Hi-Cal Vanilla / 1000 mL (33.8 fl oz) Bottle / 8 ct

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### Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Calories	475	
Protein, g	19.8	
Fat, g	21.2	
Carbohydrate, g	51.3	
Water, g	166	
Vitamin A, IU	1000	
Vitamin D, IU	80	
Vitamin E, IU	9	
Vitamin K, mcg	16	
Vitamin C, mg	12	
Folic Acid, mcg	80	
Thiamin (Vitamin B1), mg	0.30	
Riboflavin (Vitamin B2), mg	0.34	
Vitamin B6, mg	0.40	
Vitamin B12, mcg	1.2	
Niacin, mg	4.0	
Choline, mg	75	
Biotin, mcg	60	
Pantothenic Acid, mg	2	
Sodium, mg	345	
Potassium, mg	580	
Chloride, mg	340	
Calcium, mg	200	
Phosphorus, mg	200	
Magnesium, mg	80	
Iodine, mcg	30	
Manganese, mg	1	
Copper, mg	0.40	
Zinc, mg	4.5	
Iron, mg	3.6	
Selenium, mcg	14	
Chromium, mcg	24	
Molybdenum, mcg	30	

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### Preparation

#### Instructions for Use:

- 1 Clean off the top of the container thoroughly before opening.
- 1 Shake the bottle very well.
- 1 Twist off cap. **Do Not Use if Inner Foil is Missing or Broken.**
- 1 Invert cap and place on the foil seal.
- 1 Press the cap down to pierce the foil seal, then turn the cap a half turn.
- 1 Lift off and throw away the foil.
- 1 Pour and serve.

### Storage & Handling

#### Usage

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Tastes best chilled, or can be served at room temperature.
- 1 Once opened, cover, label with time and date, refrigerate and use within 48 hours.
- 1 Opened containers that are held at room temperature can be used for 4 hours. Discard unused portion after 4 hours at room temperature.
- 1 Opened product that has been held at room temperature for up to 1 hour should be covered, labeled with time and date, refrigerated, and used within 48 hours.