

Ensure® Enlive® Advanced Therapeutic Nutrition Shake

Patented ENSURE ENLIVE is designed to help rebuild strength and energy from the inside, with an ALL-IN-ONE blend to support muscle, bone, heart, immune, and digestive tract health. It is specially formulated to help maintain and rebuild lean body mass and strength in patients recovering from illness, injury and surgery. Recommend 2 servings per day as part of a healthy diet. For supplemental nutrition. For oral use. Use under medical supervision.



Features

- Has 1.5 g calcium beta-hydroxy-beta-methylbutyrate (CaHMB) and 20 g of protein/8 fl oz for muscle health.
- Excellent source (610 mg/8 fl oz) of plant-based omega-3 ALA (40% of 1.6 g DV) for heart health.
- Excellent source of antioxidants (vitamins C & E and selenium) to support normal immune function.
- 3 g prebiotic fiber to support growth of good bacteria in the digestive tract.
- 60% DV of vitamin D and 40% DV of calcium to support strong bones.
- 26 essential vitamins and minerals.
- Concentrated calories (1.5 Cal/mL) and excellent source of protein (20 g/8 fl oz).
- #1 Doctor-recommended brand.
- Kosher.
- Halal (certain flavors).
- Gluten-free.
- Suitable for lactose intolerance.

Safety Precautions

- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item
64283	Ensure Enlive Advanced TN Shake Chocolate / 8 fl oz (237 mL) Bottle / 24 ct

Ingredients

Chocolate Liquid

Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, Canola Oil, Cocoa Powder (Processed with Alkali), Corn Oil, Soy Protein Isolate, Short-chain Fructooligosaccharides, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Potassium Hydroxide. Less than 0.5% of: Vitamins & Minerals (Potassium Phosphate, Potassium Citrate, Calcium Carbonate, Ascorbic Acid, Choline Chloride, Sodium Phosphate, Magnesium Hydroxide, Calcium Phosphate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Potassium Chloride, Niacinamide, Vitamin B12, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Sodium Selenate, Potassium Iodide, Phylloquinone, Sodium Molybdate, Biotin, Vitamin D3), Whey Protein Concentrate, Natural & Artificial Flavor, Soy Lecithin, Monoglycerides, Cellulose Gel, L-Carnitine, Carrageenan, and Cellulose Gum.

Contains milk and soy ingredients.

Nutrition Information

8 fl oz (237 mL)

	Value	%DV*
Calories	350	
Total Fat, g	11	14
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	260	11
Total Carbohydrate, g	45	16
Dietary Fiber, g	3	11
Total Sugars, g	22	
Added Sugars, g	22	44
Protein, g	20	40
Vitamin D, mcg	12	60
Calcium, mg	520	40
Iron, mg	4.5	25
Potassium, mg	590	10
Vitamin A		25
Vitamin C		70
Vitamin E		100
Vitamin K		20
Thiamin		40
Riboflavin		40
Niacin		50
Vitamin B6		40
Folate		40
Folic Acid, mcg	96	
Vitamin B12		40
Biotin		40
Pantothenic Acid		40
Phosphorus		30
Iodine		25
Magnesium		20
Zinc		70
Selenium		50
Copper		25
Manganese		25
Chromium		35
Molybdenum		25
Chloride		2
Choline		25



Preparation

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- Shake well. Serve cold.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.
- Use by date on end of bottle.