

Product Information: Osmolite® 1.2 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Osmolite® 1.2 Cal

Complete, Balanced Nutrition®



- 1 OSMOLITE 1.2 CAL is a source of Complete, Balanced Nutrition® and a high-protein formula for tube-fed patients who may benefit from increased protein and calories.
- 1 For tube feeding.
- 1 For supplemental or sole-source nutrition.
- 1 May be used for oral feeding of patients with altered taste perception.
- 1 Use under medical supervision.
- 1 Concentrated calories (1.2 Cal/mL) and high in protein (18.5% of Cal) to help patients gain and maintain healthy weight. Protein is needed for lean body tissue maintenance and repair.
- 1 Meets or exceeds 100% of the 1995 RDIs for 24 essential vitamins and minerals in 1200 Cal (1 Liter).
- 1 Fat blend contains high-oleic safflower, canola, and MCT oils. Patients who absorb lipids improperly may benefit from consuming a formula that contains medium-chain triglycerides (MCTs) as part of the fat source.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.

Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Sodium Caseinate, High Oleic Safflower Oil, Calcium Caseinate, Canola Oil, Medium-Chain Triglycerides, Calcium Phosphate, Sodium Citrate, Magnesium Phosphate, Soy Lecithin, Potassium Citrate, Potassium Chloride, Magnesium Chloride, Cellulose Gel, Ascorbic Acid, Choline Chloride, Potassium Phosphate, Taurine, L-Carnitine, Cellulose Gum, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
53120	Osmolite 1.2 Cal / 8-fl-oz (237-mL) Can / 24 ct
62693	Osmolite 1.2 Cal / 1500-mL (1.6-QT) Ready-To-Hang Prefilled Container / 6 ct
62697	Osmolite 1.2 Cal / 1000-mL (1.1-QT) Ready-To-Hang Prefilled Container / 8 ct
64635	Osmolite 1.2 Cal / 8-fl-oz (237-mL) Carton / 24 ct

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Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)		1500 mL (1.6 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	13.2		55.5		83.3	
Fat, g	9.3		39.3		59.0	
Carbohydrate, g	37.5		157.5		236.1	
L-Carnitine, mg	36		150		230	
Taurine, mg	36		150		230	
Water, g/mL/cc	195		820		1230	
Calories	285		1200		1800	
Vitamin A, IU	1190*		5000*		7500*	
Beta-Carotene, mg	0.59		2.5		3.7	
Vitamin D, IU	96		400		600	
Vitamin E, IU	11		45		68	
Vitamin K, mcg	20		80		120	
Vitamin C, mg	72		300		450	
Folic Acid, mcg	145		600		900	
Thiamin (Vitamin B1), mg	0.54		2.3		3.4	
Riboflavin (Vitamin B2), mg	0.61		2.6		3.9	
Vitamin B6, mg	0.72		3.0		4.5	
Vitamin B12, mcg	2.2		9.0		14	
Niacin, mg	7.2		30		45	
Choline, mg	145		600		900	
Biotin, mcg	110		450		675	
Pantothenic Acid, mg	3.6		15		23	
Sodium, mg	320		1340		2010	
Sodium, mEq	13.9		58.3		87.4	
Potassium, mg	430		1810		2710	
Potassium, mEq	11.0		46.4		69.5	
Chloride, mg	370		1540		2310	
Chloride, mEq	10.4		43.5		65.2	
Calcium, mg	285		1200		1800	
Phosphorus, mg	285		1200		1800	
Magnesium, mg	96		400		600	
Iodine, mcg	36		150		225	
Manganese, mg	1.2		5.0		7.5	
Copper, mg	0.48		2.0		3.0	
Zinc, mg	5.4		23		34	
Iron, mg	4.3		18		27	
Selenium, mcg	17		70		105	
Chromium, mcg	29		120		180	
Molybdenum, mcg	36		150		225	

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Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

*780 IU of vitamin A activity supplied by 0.59 mg of beta-carotene.

Per 1000 mL (1.1 QT)

*3300 IU of vitamin A activity supplied by 2.5 mg of beta-carotene.

Per 1500 mL (1.6 QT)

*4900 IU of vitamin A activity supplied by 3.7 mg of beta-carotene.

Preparation

Instructions for Use:

8-fl-oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.