

## Product Information: Ensure® Clear Therapeutic Nutrition

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Ensure® Clear Therapeutic Nutrition

- 1 ENSURE CLEAR is a great-tasting, clear liquid nutrition drink that contains high-quality protein and essential nutrients. ENSURE CLEAR is fat-free, making it an ideal choice for patients on clear-liquid, pre- and post-surgical, bowel prep, fat-malabsorptive, and fat-restricted diets. It is also ideal for patients who prefer a fruit-flavored alternative to creamy shake-like supplements. ENSURE CLEAR can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use.
- 1 Use under medical supervision.
- 1 Good source of high quality protein (8 g/serving)
- 1 Clear liquid nutrition.
- 1 Good source of 20 essential vitamins and minerals.
- 1 Refreshing fruit flavors provide taste alternative.
- 1 Contains no fruit juice.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



## Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for parenteral use.
- 1 Not for people with galactosemia.

## Ingredients

### Liquid Apple:

Water, Sugar, Corn Syrup Solids, Whey Protein Isolate, Citric Acid, Natural & Artificial Flavor, Ascorbic Acid, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Vitamin A Palmitate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Folic Acid, Chromium Chloride, Sodium Molybdate, Biotin, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Vitamin B12.

**Allergens:** Contains milk ingredients.

## Availability

List Number	Item
56640	Ensure Clear Therapeutic Nutrition Apple / 6.8-fl-oz (200-mL) carton / 32 ct
56642	Ensure Clear Therapeutic Nutrition Mixed Berry / 6.8-fl-oz (200-mL) carton / 32 ct
64900	Ensure Clear Therapeutic Nutrition Mixed Berry / 8-fl-oz (237-mL) carton / 24 ct
64903	Ensure Clear Therapeutic Nutrition Apple / 8-fl-oz (237-mL) carton / 24 ct

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

Nutrition Information - Liquid Apple

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	240	
Calories from Fat	0	
Fat, g	0	0
Saturated Fat, g	0	0
Trans Fat, g	0	
Cholesterol, mg	5	2
Sodium, mg	30	1
Potassium, mg	0	0
Carbohydrate, g	52	17
Dietary Fiber, g	0	0
Sugars, g	32	
Protein, g	8	16
Vitamin A		25
Vitamin C		35
Calcium		0
Iron		15
Vitamin D		15
Vitamin E		30
Vitamin K		25
Thiamin		25
Riboflavin		20
Niacin		10
Vitamin B6		20
Folate		10
Vitamin B12		15
Biotin		15
Pantothenic Acid		4
Iodine		30
Zinc		25
Selenium		20
Copper		10
Manganese		40
Chromium		10
Molybdenum		40
Chloride		4

Liquid Apple Footnotes & References

Per 8 fl oz (237 mL)

\*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

## Preparation

### Instructions for Use

- 1 Shake well.
- 1 Serve cold.

## Storage & Handling

### Storage Instructions

- 1 Once opened, reclose, refrigerate and use within 48 hours.