

Product Information: Glucerna® Therapeutic Nutrition Shake

Glucerna® Therapeutic Nutrition Shake

Therapeutic nutrition for people with diabetes

- | GLUCERNA THERAPEUTIC NUTRITION SHAKE has CARBSTEADY®, including low glycemic carbohydrates clinically shown to help minimize blood glucose response.*¹
- | GLUCERNA THERAPEUTIC NUTRITION SHAKE is a great choice for patients who are trying to manage their blood glucose and weight.*
- | For patients with diabetes or hyperglycemia/abnormal glucose tolerance.
- | For use as an oral supplement in conjunction with a diabetes meal plan.
- | Use under medical supervision.
- | Consistent with American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and 4% of calories from saturated fat to help manage lipid profiles.^{2,3}
- | 3 g dietary fiber/8 fl oz.
- | 1 g NutraFlora® scFOS®†/8 fl oz. scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.
- | 100% of the 1995 DVs for antioxidant vitamins C and E to help protect against cell damage.
- | 80% of the 1995 DVs for Vitamin D to support bone health.
- | 50% of the 1995 DVs for vitamins B6, B12, and folate.
- | Meets or exceeds 25% of the 1995 DVs for 24 essential vitamins and minerals in 8 fl oz.
- | Contains 110 mg choline per serving, which is 20% of the daily value for choline (550 mg).
- | Halal.
- | Kosher.
- | Suitable for lactose intolerance.
- | Gluten-free.



Safety Precautions

- | For oral use only.
- | Not for sole-source nutrition.
- | Not for IV use.
- | Not for people with galactosemia.

* Designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.

† NutraFlora® scFOS® are not registered trademarks of Abbott Laboratories.

¹ Fix BM, et al. *Ann Nutr Metab* 2001;45(suppl 1):277.

² Eckel R, et al. *Circulation*. 2013.

³ Evert A, et al. *Diabetes Care*. 2014;37.

Ingredients

Liquid Homemade Vanilla:

Water, Corn Maltodextrin, Milk Protein Concentrate, High Oleic Safflower Oil, Fructose, Glycerin, Soy Protein Isolate, Soy Fiber, Short-Chain Fructooligosaccharides. Less than 0.5% of: Canola Oil, Natural & Artificial Flavor, Potassium Citrate, Magnesium Phosphate, Salt, Cellulose Gel, Calcium Phosphate, Ascorbic Acid, Choline Chloride, Soy Lecithin, Monoglycerides, Potassium Chloride, Calcium Carbonate, Carrageenan, Potassium Hydroxide, dl-Alpha-Tocopheryl Acetate, Cellulose Gum, Acesulfame Potassium, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Sucralose, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Vitamin A Palmitate, Riboflavin, Chromium Chloride, Beta-Carotene, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

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Availability

List Number	Item
54326	Glucerna Therapeutic Nutrition Shake Classic Butter Pecan / 8-fl-oz (237-mL) Can / 24 ct
54328	Glucerna Therapeutic Nutrition Shake Homemade Vanilla / 8-fl-oz (237-mL) Can / 24 ct
54544	Glucerna Therapeutic Nutrition Shake Rich Chocolate / 8-fl-oz (237-mL) Can / 24 ct
56052	Glucerna Therapeutic Nutrition Shake Creamy Strawberry / 8-fl-oz (237-mL) Can / 24 ct
64922	Glucerna Therapeutic Nutrition Shake Homemade Vanilla / 8-fl-oz (237-mL) Carton / 24 ct
64925	Glucerna Therapeutic Nutrition Shake Creamy Strawberry / 8-fl-oz (237-mL) Carton / 24 ct
64927	Glucerna Therapeutic Nutrition Shake Classic Butter Pecan / 8-fl-oz (237-mL) Carton / 24 ct
64929	Glucerna Therapeutic Nutrition Shake Rich Chocolate / 8-fl-oz (237-mL) Carton / 24 ct

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Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	220	
Calories from Fat	80	
Total Fat, g	9	14
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	1	
Monounsaturated Fat, g	5	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Potassium, mg	370	11
Total Carbohydrate, g	26	9
Dietary Fiber, g	3	12
Sugars, g	7	
Protein, g	10	20
Vitamin A		35
Vitamin C		100
Calcium		25
Iron		25
Vitamin D		80
Vitamin E		100
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		50
Folate		50
Vitamin B12		50
Biotin		25
Pantothenic Acid		25
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		25
Selenium		25
Copper		25
Manganese		50
Chromium		100
Molybdenum		50
Chloride		10

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Liquid Homemade Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 Shake well. Serve cold.
- 1 Once opened, reclose, refrigerate and use within 48 hours.

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